

# How to find a Delta Dental dentist

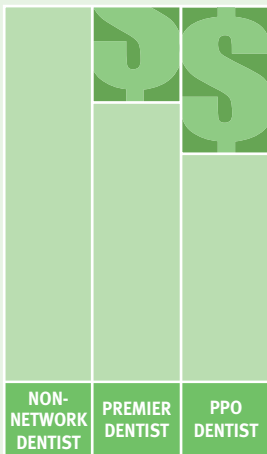


We'll do whatever it takes and then some.

## Greatest potential savings with a Delta Dental PPO dentist

### OUT-OF-POCKET COSTS

SAVE LESS    SAVE MORE



AMOUNT YOU **SAVE**



AMOUNT YOU **PAY**

Illustration showing sample enrollee share of cost for information purposes only. Actual dentist fees and contract allowances will vary by region, procedure and by group contract.

### Visit our online directory at: [deltadentalins.com](http://deltadentalins.com)

Select your plan network in the “Find a Dentist” box on the home page to search for Delta Dental dentists anywhere.

You can specify:

- The dentist network (Delta Dental Premier® or Delta Dental PPO<sup>SM</sup>)\*
- Your state
- The dentist’s city and/or ZIP code (to broaden the search, you can also specify the number of miles you’re willing to travel)
- The dentist’s name (to find out if a specific dentist participates)
- The dentist’s specialty

Delta Dental’s online directory also provides a map and driving directions to the dental office by clicking on the office address.

### How can seeing a Delta Dental dentist save you money?

When you visit one of the Delta Dental network dental offices nationwide, your out-of-pocket expenses can be lower. Delta Dental dentists agree to fees determined by us. They also agree not to

charge extra for services that should be included in the cost of treatment. Delta Dental dentists handle all claim forms and other paperwork for you free of charge. Because we pay network dentists directly, you are responsible only for your portion of the bill (coinsurance, deductibles, amount over the annual maximum and non-covered services).

### Eligibility and benefits are also available online

Just log in by entering your user name and password in the designated boxes. If you do not have a user name and password, you’ll need to complete a quick one-time registration process. Click “Register Today” to begin.

### Print an ID card

An ID card is not required to visit a Delta Dental dentist; however, you may print one by logging in and following the prompts.

*\*In Texas, we offer Dental Provider Organization (DPO) plans.*

*Please review your Evidence of Coverage, Summary Plan Description or Group Dental Service Contract for specific details about your plan.*



WE KEEP YOU SMILING®

## WE KEEP YOU SMILING®

Why do 56 million enrollees trust their smiles to Delta Dental?

- More dentists
- Simpler process
- Less out-of-pocket

## SmileWay<sup>SM</sup> Wellness Program

Find all of our dental health resources, including risk assessment quizzes, articles, videos and a free newsletter subscription, at: [mysmileway.com](http://mysmileway.com).

## Connect with us!

[facebook.com/deltadentalins](https://facebook.com/deltadentalins)  
[twitter.com/deltadentalins](https://twitter.com/deltadentalins)  
[youtube.com/deltadentalins](https://youtube.com/deltadentalins)

## Product administration

Delta Dental includes these companies in these states:  
Delta Dental of California – CA •  
Delta Dental of Pennsylvania – PA & MD •  
Delta Dental of West Virginia – WV •  
Delta Dental of Delaware, Inc. – DE •  
Delta Dental of the District of Columbia, Inc. – DC •  
Delta Dental of New York, Inc. – NY •  
Delta Dental Insurance Company – AL, FL, GA, LA, MS, MT, NV, TX, UT



## Check out our new wellness resource



**The SmileWay Wellness Challenge** provides recommendations for how to participate in the program by taking advantage of the extensive resources available on our SmileWay Wellness site.

### 1. Review your habits

Take one or both of our interactive quizzes to see if you are at risk for cavities or gum (periodontal) disease. When you receive your quiz results, you can sign up to receive customized emails based on your risk level.

### 2. Get educated

Read any of the 100+ articles on dental health-related topics — everything from acid reflux to x-rays. We also have a variety of short videos on specific topics.

### 3. Stay informed

Receive regular dental health tips and information from us by:

- a. signing up for our e-newsletter *Dental Wire* (sent to your email box six times a year)
- b. connecting with us on Facebook
- c. following us on Twitter

All of this is accessible from our SmileWay Wellness site at [mysmileway.com](http://mysmileway.com). Bookmark the page so you can refer to it frequently.

## Questions about oral health?

If you've got questions about oral health, be sure to check out our **SmileWay Wellness Site** for answers. We've compiled an extensive library of articles on oral health topics from amalgam fillings to x-rays and just about every oral health topic in between.

### Mouth-body Connection

- Diabetes and oral health
- Heart disease and oral health
- Men's and Women's oral health
- Stress and oral health

### Preventive care

- Brushing and flossing
- Dental cleanings
- Fighting bad breath
- Fluoride
- Choosing and caring for your toothbrush

### Emergency care

- Dental care when traveling
- Handling dental emergencies

### Kids & teens

- Baby bottle tooth decay

- Children's oral health
- Teens' oral health

### Seniors

- Dental care of Alzheimer's patients
- Dentures
- Seniors' oral health

### Dental treatments

- Amalgam and resin fillings
- Braces
- Dental implants
- Sealants

### Conditions

- Dry mouth
- Mouth sores
- Sensitive teeth
- TMJ

[deltadentalins.com](http://deltadentalins.com)