



# 2023 Pharmacy Benefit Changes

CDPHP® recognizes the critical role prescription drugs play in the health and safety of our members, which is why we have made strategic investments in the future of our pharmacy strategy. Starting on January 1, 2023, the following changes will go into effect:

## New Pharmacy Benefit Manager

We are proud to announce Capital Rx as our new pharmacy benefit manager (PBM). By teaming up with Capital Rx, CDPHP aims to stem the tide of rising drug prices through greater transparency, as well as a new pricing model that more accurately and fairly sets the cost of drugs.

- Capital Rx will help CDPHP manage pharmacy benefits by processing and paying prescription drug claims, and more. Capital Rx does not fill prescriptions.
- **Impact:** This change applies to any CDPHP health plan with a pharmacy benefit for all lines of business.

## Commercial, Medicare, Essential Plan, and Child Health Plus Pharmacy Network

Members with commercial and Medicare plans will continue to have access to national pharmacy chains and supermarkets (including CVS, Walgreens, Walmart, Rite Aid, Price Chopper/Market 32, Hannaford, Kinney Drugs, Wegmans, etc.) as well as most other pharmacies they've had in the past.

- Members will not need to change to a different pharmacy, unless they are impacted by one of changes listed below (Rx for Less or mail order programs).
- Although CVS is still in the CDPHP pharmacy network, we recommend switching to a different pharmacy because CVS pharmacies typically have higher costs for prescription medications.
- CDPHP offers local, personalized service with ConnectRx pharmacy locations in Clifton Park, Watervliet, and Latham.
- **Impact:** All CDPHP commercial and Medicare Advantage plans with a pharmacy benefit. Also includes Essential Plan and Child Health Plus.

## Rx for Less Savings Program

Rx for Less is a program for CDPHP members with a prescription drug rider, offering deep discounts on a specific list of drugs.

- In 2023, the Rx for Less program is nearly doubling in size with the addition of six new chain pharmacies, plus multiple independent pharmacies.
- CVS has opted out of this program, so members will no longer receive the Rx for Less discount at CVS pharmacies.
- Members will need to take action if they would like to continue to receive the discount on Rx for Less prescriptions.
- **Impact:** Rx for Less is available for commercial plans with prescription benefits (including self-funded plans) and Medicare Advantage.

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## Mail Order Pharmacy Services

Our prescription mail-order service will now be administered by Walmart Home Delivery. This service is best for members who take medications to treat chronic conditions.

- Members will need to take action if they would like to continue to receive maintenance medications delivered to their home.
- **Impact:** The mail order service is available for commercial plans with prescription benefits (including self-funded plans) and Medicare Advantage.

## Specialty Prescriptions

No change. CDPHP will continue to use CVS Specialty to provide members specialty medications for conditions such as cystic fibrosis, Chron's disease, rheumatoid arthritis, and more.

- Local options may become available and CDPHP will inform members when there are more details.
- Members on specialty medications will not have any changes to their specialty prescriptions or the process to fill/receive specialty prescriptions.
- **Impact:** All CDPHP commercial and Medicare Advantage plans with a pharmacy benefit.

Members can download the **CDPHP ConnectRx, On the Go** app to change pharmacies quickly and easily, plus stay updated about prescription benefit changes, view prescriptions, and more.

